25th October 2026
WELCOME TO ST. PETER'S! WE HOPE YOU ENJOY WORSHIPPING WITH US

Falling Back

Daylight saving begins today, and the clocks go back. You may be looking forward to that extra hour in bed! But here's a blog post (www.dwellwithchrist.com) I stumbled on this week:

Have your devotional rhythms been lacking lately? Now is the perfect time to "fall back" into those healthy rhythms that draw you closer to Christ. Glenna Marshall makes a compelling point that I've been pondering over the past few weeks: daylight saving time is the perfect time to start waking up earlier. In her article, Glenna says: "When we 'fall back' in autumn, we 'gain' an hour, so to speak, which most of us earmark for an extra bit of sleep. However, I've learned that the end of daylight saving is the best time to begin the habit of reading the Bible first thing in the morning."

You may be thinking, "I was excited about getting an extra hour of sleep!" I'm a huge proponent of aiming to get between 7 and 9 hours of sleep each night to take care of your mind, body, and soul. And if you need the extra sleep, then it's a perfect time to get it. However, if you set your clock back on Saturday night and get to bed at your normal time, you'll still get plenty of sleep—unless your current sleep schedule is not sufficient.

But I want to offer you something else to think about. This could be a game changer for our devotional lives if we use the time wisely. If you're able to wake up an hour earlier and spend time with the Lord, will you regret it? I've never met a Christian who said they spend too much time with the Lord. I haven't encountered a Christian who says, "My devotional life is perfect, and I don't need to spend more time reading and meditating on Scripture." Perhaps you're the anomaly. I'm definitely not! If anything, an extra hour each morning would allow me to pray for people in my local church, read a few books I've been wanting to read, or meditate on some passages in the Bible that I haven't thought about in a while.

Instead of rolling your eyes at another time change, take some time to give thanks to the Lord. Ask Him to help you see the blessedness of rising early and preparing your heart to offer Him praise (Proverbs 3:5). Consider the benefits of revamping or updating your morning routine to spend it with the Lord.

Oh, and don't forget to set your clock back!

With my prayers and love, Anita

Dates for your Diary:

Monday 26th October: Welcome Space

We meet from 9.30 – 12.30 in the Function Room with simple hot food, tea and coffee, and a space to chat. All welcome!

Tuesday 3rd November: Afternoon Tea

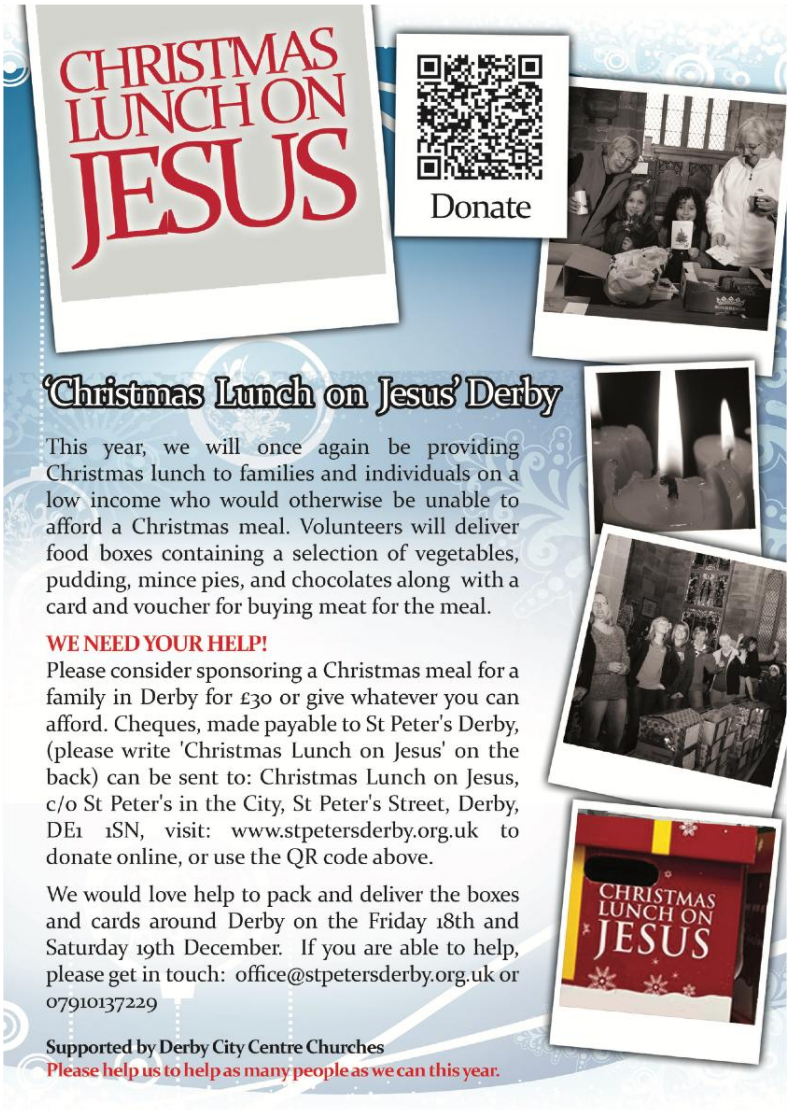
Sandwiches and cakes will be served in the church at 2.15pm, followed by a short service of Evening Prayer. All are very welcome – please call Margaret on 01332 239134 if you're planning to come for catering purposes. Hope to see you there!

Sunday 22nd November: Church Lunch

On 22nd November we will enjoy lunch together after the service. Please let us know if you have any allergies or dietary requirements. All welcome!

Saturday 28th November Holistic Discipleship Course

We are running a Holistic Discipleship course, sharing insights from Scripture, Medicine, Psychology and more to aid growth, change and understanding. The course will take place from 9.30am until 1pm on 28th November, and 9th January. For more information, please speak to Lee or Anita.



Praying for the Persecuted Church: Turkmenistan

Most people in Turkmenistan are Muslims. Those who take the courageous step of leaving Islam to follow Jesus can face immense opposition from their own families and communities. Christians also face monitoring and restrictions from the totalitarian state, who particularly see Protestant Christians as extremists for going against government restrictions. Christians who run businesses can face discrimination and opposition in their work.

Whilst all citizens are closely monitored by the state, those suspected of belonging to churches can face even greater scrutiny. Even Russian Orthodox and Armenian Apostolic churches can experience the watchful eyes of the authorities during their services. New believers are especially susceptible to persecution from their families and communities, particularly those living in rural areas of Turkmenistan. Opposition from the government is often focused on leaders from non-traditional denominations, such as Pentecostal and Baptist churches.

Please pray for our sisters and brothers in Turkmenistan.

Eco Idea for October 2026 (from A Rocha UK)

Have the brakes gone on your bike? Or the arm come off a cherished teddy? Or a big hole appeared in your favourite jumper? Derby has a number of Repair Cafes where you can get much-loved items repaired. Keep good stuff out of landfill and celebrate the skills of local people. There's often cake at these Cafes too! Find out more at derby.gov.uk/environment-and-planning/recycling-and-waste/reduce-your-waste/repair-cafes/

Prayer Meeting

Don't forget our weekly prayer meeting every Tuesday at 11am via Zoom! Please do come along if you can. For more details, please contact Geoff.

Prayer….

Please do not hesitate to ask for prayer for any concern you have. We all face difficulties and challenges, but prayer makes a difference. In an emergency, call Lesley (07808 070958), and she will ask those on the prayer chain to pray.

Giving at St. Peter's

You can give to St. Peter's with cash (please put money in the Alms Box by the door next to the font), via our card machine, or use the QR code below to pay via your smartphone. Hover the camera on your phone over the QR code and tap on the yellow hyperlink to reach St. Peter's Give a Little Campaign giving page.

Zoom Joining Details for the 10.45 Service of Morning Praise:

On a Computer, Laptop, Smart Phone or Tablet: Click this link: https://us02web.zoom.us/j/450891605?pwd=czNCTTJuaUJpQ3VlOVlnUm1zS0tKQT09

Alternatively:

1. Open Zoom and select 'Join' or 'Join a Meeting'
2. Enter the Meeting ID: **450 891 605**
3. Select 'Join'
4. When prompted for the Meeting Password, enter **73837**
5. Select 'Continue' or 'Join Meeting' and you will be connected

By Phone – these are the numbers you must now use:

1. Pick any one of the numbers below (doesn't matter which), if one doesn't work, pick another: 0330 088 5830; 0131 460 1196; 0203 481 5237; 0203 481 5240; 0203 901 7895; 0208 080 6591; 0208 080 6592
2. Dial the number and when prompted for the Meeting ID press: **450 891 605#**
3. You will then be prompted for a Participant ID, just press **#**
4. Finally, you will be prompted for the Meeting Password,
5. press: **73837#**

St. Peter's in the City Staff

Vicar: Revd. Anita Matthews anita@stpetersderby.org.uk

Curate: Revd. Sue Leather sue@stpetersderby.org.uk

Curate: Revd. Raju Abraham

Vicar's PA and Church Administrator:

Hilary Streek office@stpetersderby.org.uk

Church Wardens: Tim Benson, Liz Runcorn

We are a community of faith, hope and love in the heart of the city

www.stpetersderby.org.uk

Parish Safeguarding Officer: 07828 280455

Please note that copies of the Safeguarding Policy are available in the Church Office or at www.derby.anglican.org/safeguarding

The church office is currently open Monday, Tuesday, and Thursday between 9.30am and 1.30pm. Tel: 01332 360790